

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2020

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	655,833	302,609	47,371	29,623	253,234	22,996
0-4	55,886	25,776	4,043	2,527	21,577	1,963
0	10,412	4,801	754	471	4,020	366
1	11,052	5,098	799	500	4,267	388
2	11,415	5,266	825	516	4,407	401
3	11,495	5,303	832	519	4,438	403
4	11,512	5,308	833	521	4,445	405
5-9	55,140	25,433	3,990	2,492	21,289	1,936
5	11,406	5,261	825	515	4,404	401
6	11,195	5,164	810	506	4,322	393
7	11,062	5,102	801	500	4,271	388
8	10,860	5,009	786	491	4,193	381
9	10,617	4,897	768	480	4,099	373
10-14	49,708	22,930	3,596	2,246	19,191	1,745
10	10,312	4,757	746	466	3,981	362
11	10,025	4,625	725	453	3,870	352
12	9,900	4,568	716	447	3,822	347
13	9,795	4,517	709	443	3,782	344
14	9,676	4,463	700	437	3,736	340
15-19	48,474	22,359	3,507	2,191	18,714	1,703
15	9,590	4,424	694	433	3,702	337
16	9,576	4,416	693	433	3,697	337
17	9,628	4,441	696	435	3,718	338
18	9,750	4,498	705	441	3,764	342
19	9,930	4,580	719	449	3,833	349
20-24	52,146	24,052	3,773	2,358	20,132	1,831
25-29	51,349	23,689	3,713	2,319	19,827	1,801
30-34	52,054	24,021	3,758	2,350	20,100	1,825
35-39	50,847	23,463	3,671	2,297	19,634	1,782
40-44	48,780	22,513	3,521	2,203	18,834	1,709
45-49	46,966	21,673	3,390	2,120	18,137	1,646
50-54	40,883	18,866	2,950	1,848	15,786	1,433
55-59	32,328	14,918	2,333	1,460	12,484	1,133
60-64	23,587	10,887	1,701	1,065	9,109	825
65-69	16,466	7,603	1,186	743	6,358	576
70-74	12,201	5,633	878	551	4,713	426
75-79	8,307	3,836	597	373	3,209	292
80-84	5,617	2,599	401	252	2,171	194
85 y más	5,094	2,358	363	228	1,969	176
Hombres	325,683	148,585	24,801	15,080	125,225	11,992
0-4	28,583	13,040	2,176	1,324	10,991	1,052
0	5,327	2,430	406	247	2,048	196
1	5,653	2,579	430	262	2,174	208
2	5,838	2,664	444	270	2,245	215
3	5,878	2,682	448	272	2,260	216
4	5,887	2,685	448	273	2,264	217
5-9	28,191	12,861	2,147	1,305	10,840	1,038
5	5,833	2,661	444	270	2,243	215
6	5,725	2,612	436	265	2,201	211
7	5,657	2,581	431	262	2,175	208
8	5,552	2,533	423	257	2,135	204
9	5,424	2,474	413	251	2,086	200
10-14	25,389	11,585	1,933	1,176	9,761	934
10	5,265	2,402	401	244	2,024	194
11	5,119	2,336	390	237	1,968	188
12	5,057	2,308	385	234	1,944	186
13	5,004	2,283	381	232	1,924	184
14	4,944	2,256	376	229	1,901	182
15-19	24,859	11,341	1,893	1,151	9,558	916
15	4,906	2,238	374	227	1,886	181
16	4,908	2,239	374	227	1,887	181

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2020

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	4,943	2,255	376	229	1,901	182
18	5,006	2,284	381	232	1,925	184
19	5,096	2,325	388	236	1,959	188
20-24	26,826	12,241	2,042	1,242	10,314	987
25-29	26,037	11,879	1,983	1,205	10,012	958
30-34	25,661	11,708	1,954	1,188	9,867	944
35-39	25,035	11,422	1,906	1,159	9,626	922
40-44	23,914	10,911	1,821	1,108	9,194	880
45-49	22,998	10,492	1,751	1,064	8,844	847
50-54	20,018	9,132	1,524	929	7,696	737
55-59	15,730	7,173	1,199	729	6,049	580
60-64	11,301	5,155	861	523	4,346	416
65-69	7,771	3,545	592	360	2,987	287
70-74	5,577	2,543	425	259	2,144	206
75-79	3,656	1,668	279	168	1,405	136
80-84	2,314	1,057	176	106	890	85
85 y más	1,823	832	139	84	701	67
Mujeres	330,150	154,024	22,570	14,543	128,009	11,004
0-4	27,303	12,736	1,867	1,203	10,586	911
0	5,085	2,371	348	224	1,972	170
1	5,399	2,519	369	238	2,093	180
2	5,577	2,602	381	246	2,162	186
3	5,617	2,621	384	247	2,178	187
4	5,625	2,623	385	248	2,181	188
5-9	26,949	12,572	1,843	1,187	10,449	898
5	5,573	2,600	381	245	2,161	186
6	5,470	2,552	374	241	2,121	182
7	5,405	2,521	370	238	2,096	180
8	5,308	2,476	363	234	2,058	177
9	5,193	2,423	355	229	2,013	173
10-14	24,319	11,345	1,663	1,070	9,430	811
10	5,047	2,355	345	222	1,957	168
11	4,906	2,289	335	216	1,902	164
12	4,843	2,260	331	213	1,878	161
13	4,791	2,234	328	211	1,858	160
14	4,732	2,207	324	208	1,835	158
15-19	23,615	11,018	1,614	1,040	9,156	787
15	4,684	2,186	320	206	1,816	156
16	4,668	2,177	319	206	1,810	156
17	4,685	2,186	320	206	1,817	156
18	4,744	2,214	324	209	1,839	158
19	4,834	2,255	331	213	1,874	161
20-24	25,320	11,811	1,731	1,116	9,818	844
25-29	25,312	11,810	1,730	1,114	9,815	843
30-34	26,393	12,313	1,804	1,162	10,233	881
35-39	25,812	12,041	1,765	1,138	10,008	860
40-44	24,866	11,602	1,700	1,095	9,640	829
45-49	23,968	11,181	1,639	1,056	9,293	799
50-54	20,865	9,734	1,426	919	8,090	696
55-59	16,598	7,745	1,134	731	6,435	553
60-64	12,286	5,732	840	542	4,763	409
65-69	8,695	4,058	594	383	3,371	289
70-74	6,624	3,090	453	292	2,569	220
75-79	4,651	2,168	318	205	1,804	156
80-84	3,303	1,542	225	146	1,281	109
85 y más	3,271	1,526	224	144	1,268	109

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2021

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	672,555	309,267	47,912	29,963	262,129	23,284
0-4	54,458	25,033	3,886	2,427	21,223	1,889
0	9,716	4,467	693	433	3,786	337
1	10,488	4,821	748	468	4,087	364
2	11,135	5,119	794	496	4,340	386
3	11,514	5,293	822	513	4,487	399
4	11,605	5,333	829	517	4,523	403
5-9	56,756	26,088	4,050	2,532	22,118	1,968
5	11,637	5,349	831	519	4,535	403
6	11,541	5,305	823	515	4,497	401
7	11,339	5,212	809	506	4,419	393
8	11,217	5,155	801	500	4,372	389
9	11,022	5,067	786	492	4,295	382
10-14	51,561	23,701	3,679	2,299	20,093	1,789
10	10,794	4,962	770	481	4,206	375
11	10,485	4,819	748	468	4,086	364
12	10,204	4,691	728	455	3,976	354
13	10,088	4,637	720	450	3,932	349
14	9,990	4,592	713	445	3,893	347
15-19	49,229	22,629	3,513	2,196	19,186	1,705
15	9,878	4,540	705	441	3,850	342
16	9,793	4,501	699	437	3,817	339
17	9,785	4,499	698	436	3,813	339
18	9,820	4,514	701	438	3,827	340
19	9,953	4,575	710	444	3,879	345
20-24	53,051	24,388	3,785	2,366	20,673	1,839
25-29	52,748	24,253	3,763	2,350	20,555	1,827
30-34	53,279	24,500	3,795	2,375	20,766	1,843
35-39	52,228	24,021	3,718	2,326	20,356	1,807
40-44	49,807	22,906	3,548	2,217	19,412	1,724
45-49	47,899	22,030	3,409	2,133	18,670	1,657
50-54	42,616	19,601	3,033	1,897	16,611	1,474
55-59	34,034	15,651	2,423	1,515	13,267	1,178
60-64	25,145	11,565	1,788	1,120	9,803	869
65-69	17,409	8,011	1,236	774	6,786	602
70-74	12,683	5,837	900	563	4,945	438
75-79	8,633	3,975	611	384	3,366	297
80-84	5,763	2,655	406	256	2,248	198
85 y más	5,256	2,423	369	233	2,051	180
Hombres	333,970	151,846	25,111	15,247	129,633	12,133
0-4	27,869	12,672	2,095	1,272	10,817	1,013
0	4,973	2,261	374	227	1,930	181
1	5,365	2,440	403	245	2,082	195
2	5,698	2,591	428	260	2,212	207
3	5,893	2,680	443	269	2,287	214
4	5,940	2,700	447	271	2,306	216
5-9	29,050	13,207	2,184	1,327	11,276	1,056
5	5,956	2,708	448	272	2,312	216
6	5,906	2,685	444	270	2,292	215
7	5,804	2,639	436	265	2,253	211
8	5,742	2,610	432	262	2,229	209
9	5,642	2,565	424	258	2,190	205
10-14	26,368	11,988	1,982	1,204	10,235	959
10	5,521	2,510	415	252	2,143	201
11	5,361	2,437	403	245	2,081	195
12	5,218	2,373	392	238	2,025	190
13	5,159	2,345	388	236	2,003	187
14	5,109	2,323	384	233	1,983	186
15-19	25,226	11,469	1,897	1,152	9,793	915
15	5,052	2,297	380	231	1,961	183
16	5,013	2,279	377	229	1,946	182

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2021

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	5,018	2,282	377	229	1,948	182
18	5,038	2,290	379	230	1,956	183
19	5,105	2,321	384	233	1,982	185
20-24	27,237	12,386	2,047	1,244	10,571	989
25-29	26,826	12,199	2,017	1,224	10,412	974
30-34	26,358	11,983	1,982	1,204	10,232	957
35-39	25,687	11,680	1,931	1,173	9,970	933
40-44	24,466	11,124	1,841	1,116	9,496	889
45-49	23,421	10,648	1,761	1,070	9,091	851
50-54	20,845	9,478	1,567	951	8,092	757
55-59	16,545	7,520	1,245	755	6,423	602
60-64	12,053	5,478	907	551	4,679	438
65-69	8,201	3,730	616	374	3,183	298
70-74	5,802	2,639	436	264	2,252	211
75-79	3,786	1,722	284	173	1,469	138
80-84	2,371	1,079	179	108	920	85
85 y más	1,859	844	140	85	722	68
Mujeres	338,585	157,421	22,801	14,716	132,496	11,151
0-4	26,589	12,361	1,791	1,155	10,406	876
0	4,743	2,206	319	206	1,856	156
1	5,123	2,381	345	223	2,005	169
2	5,437	2,528	366	236	2,128	179
3	5,621	2,613	379	244	2,200	185
4	5,665	2,633	382	246	2,217	187
5-9	27,706	12,881	1,866	1,205	10,842	912
5	5,681	2,641	383	247	2,223	187
6	5,635	2,620	379	245	2,205	186
7	5,535	2,573	373	241	2,166	182
8	5,475	2,545	369	238	2,143	180
9	5,380	2,502	362	234	2,105	177
10-14	25,193	11,713	1,697	1,095	9,858	830
10	5,273	2,452	355	229	2,063	174
11	5,124	2,382	345	223	2,005	169
12	4,986	2,318	336	217	1,951	164
13	4,929	2,292	332	214	1,929	162
14	4,881	2,269	329	212	1,910	161
15-19	24,003	11,160	1,616	1,044	9,393	790
15	4,826	2243	325	210	1889	159
16	4,780	2222	322	208	1871	157
17	4,767	2217	321	207	1865	157
18	4,782	2224	322	208	1871	157
19	4,848	2254	326	211	1897	160
20-24	25,814	12002	1738	1122	10102	850
25-29	25,922	12054	1746	1126	10143	853
30-34	26,921	12517	1813	1171	10534	886
35-39	26,541	12341	1787	1153	10386	874
40-44	25,341	11782	1707	1101	9916	835
45-49	24,478	11382	1648	1063	9579	806
50-54	21,771	10123	1466	946	8519	717
55-59	17,489	8131	1178	760	6844	576
60-64	13,092	6087	881	569	5124	431
65-69	9,208	4281	620	400	3603	304
70-74	6,881	3198	464	299	2693	227
75-79	4,847	2253	327	211	1897	159
80-84	3,392	1576	227	148	1328	113
85 y más	3,397	1579	229	148	1329	112

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2022

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	690,230	316,306	48,504	30,330	271,503	23,587
0-4	52,564	24,080	3,699	2,311	20,674	1,800
0	9,308	4,263	655	410	3,661	319
1	9,801	4,490	689	431	3,855	336
2	10,577	4,847	744	465	4,159	362
3	11,242	5,149	792	494	4,422	385
4	11,636	5,331	819	511	4,577	398
5-9	58,165	26,645	4,094	2,558	22,876	1,992
5	11,746	5,380	827	517	4,620	402
6	11,788	5,400	830	518	4,636	404
7	11,706	5,362	824	515	4,604	401
8	11,519	5,277	811	507	4,530	394
9	11,406	5,226	802	501	4,486	391
10-14	53,662	24,583	3,778	2,361	21,104	1,836
10	11,227	5,143	791	494	4,415	384
11	11,000	5,039	775	484	4,326	376
12	10,696	4,899	753	471	4,206	367
13	10,423	4,777	733	458	4,099	356
14	10,316	4,725	726	454	4,058	353
15-19	50,437	23,103	3,552	2,218	19,838	1,726
15	10,227	4,684	720	450	4,023	350
16	10,114	4,633	712	445	3,978	346
17	10,035	4,597	707	441	3,947	343
18	10,007	4,583	705	440	3,936	343
19	10,054	4,606	708	442	3,954	344
20-24	53,704	24,603	3,780	2,360	21,122	1,839
25-29	54,478	24,960	3,833	2,395	21,426	1,864
30-34	54,592	25,016	3,836	2,399	21,474	1,867
35-39	53,713	24,616	3,773	2,360	21,129	1,835
40-44	51,002	23,377	3,581	2,240	20,062	1,742
45-49	48,763	22,353	3,422	2,143	19,182	1,663
50-54	44,307	20,308	3,111	1,946	17,430	1,512
55-59	35,800	16,409	2,513	1,574	14,083	1,221
60-64	26,817	12,291	1,881	1,178	10,552	915
65-69	18,531	8,495	1,300	813	7,291	632
70-74	13,217	6,062	926	580	5,200	449
75-79	9,056	4,157	632	396	3,563	308
80-84	5,936	2,726	413	259	2,337	201
85 y más	5,486	2,522	380	239	2,160	185
Hombres	342,967	155,397	25,467	15,438	134,369	12,296
0-4	26,924	12,198	1,999	1,212	10,549	966
0	4,768	2,160	354	215	1,868	171
1	5,017	2,273	372	226	1,966	180
2	5,415	2,454	402	244	2,121	194
3	5,760	2,609	428	259	2,257	207
4	5,964	2,702	443	268	2,337	214
5-9	29,820	13,511	2,214	1,342	11,683	1,070
5	6,020	2,727	447	271	2,359	216
6	6,042	2,737	449	272	2,367	217
7	6,000	2,719	445	270	2,351	215
8	5,907	2,676	439	266	2,314	212
9	5,851	2,652	434	263	2,292	210
10-14	27,503	12,463	2,042	1,238	10,775	985
10	5,759	2,610	428	259	2,256	206
11	5,638	2,554	419	254	2,209	202
12	5,481	2,483	407	247	2,147	197
13	5,340	2,421	396	240	2,092	191
14	5,285	2,395	392	238	2,071	189
15-19	25,844	11,708	1,920	1,163	10,126	927
15	5,239	2,373	389	236	2,053	188
16	5,179	2,346	385	233	2,029	186

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2022

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	5,142	2,330	382	231	2,015	184
18	5,130	2,324	381	231	2,010	184
19	5,154	2,335	383	232	2,019	185
20-24	27,526	12,473	2,044	1,238	10,784	987
25-29	27,768	12,582	2,062	1,250	10,879	995
30-34	27,149	12,300	2,015	1,222	10,637	975
35-39	26,409	11,964	1,962	1,189	10,347	947
40-44	25,111	11,380	1,864	1,130	9,837	900
45-49	23,836	10,802	1,769	1,073	9,338	854
50-54	21,666	9,817	1,609	975	8,489	776
55-59	17,397	7,881	1,292	785	6,816	623
60-64	12,877	5,833	956	580	5,046	462
65-69	8,726	3,953	648	393	3,419	313
70-74	6,064	2,748	451	273	2,375	217
75-79	3,967	1,800	294	178	1,553	142
80-84	2,447	1,108	182	110	959	88
85 y más	1,933	876	144	87	757	69
Mujeres	347,263	160,909	23,037	14,892	137,134	11,291
0-4	25,640	11,882	1,700	1,099	10,125	834
0	4,540	2,103	301	195	1,793	148
1	4,784	2,217	317	205	1,889	156
2	5,162	2,393	342	221	2,038	168
3	5,482	2,540	364	235	2,165	178
4	5,672	2,629	376	243	2,240	184
5-9	28,345	13,134	1,880	1,216	11,193	922
5	5,726	2,653	380	246	2,261	186
6	5,746	2,663	381	246	2,269	187
7	5,706	2,643	379	245	2,253	186
8	5,612	2,601	372	241	2,216	182
9	5,555	2,574	368	238	2,194	181
10-14	26,159	12,120	1,736	1,123	10,329	851
10	5,468	2,533	363	235	2,159	178
11	5,362	2,485	356	230	2,117	174
12	5,215	2,416	346	224	2,059	170
13	5,083	2,356	337	218	2,007	165
14	5,031	2,330	334	216	1,987	164
15-19	24,593	11,395	1,632	1,055	9,712	799
15	4,988	2311	331	214	1970	162
16	4,935	2287	327	212	1949	160
17	4,893	2267	325	210	1932	159
18	4,877	2259	324	209	1926	159
19	4,900	2271	325	210	1935	159
20-24	26,178	12130	1736	1122	10338	852
25-29	26,710	12378	1771	1145	10547	869
30-34	27,443	12716	1821	1177	10837	892
35-39	27,304	12652	1811	1171	10782	888
40-44	25,891	11997	1717	1110	10225	842
45-49	24,927	11551	1653	1070	9844	809
50-54	22,641	10491	1502	971	8941	736
55-59	18,403	8528	1221	789	7267	598
60-64	13,940	6458	925	598	5506	453
65-69	9,805	4542	652	420	3872	319
70-74	7,153	3314	475	307	2825	232
75-79	5,089	2357	338	218	2010	166
80-84	3,489	1618	231	149	1378	113
85 y más	3,553	1646	236	152	1403	116

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2023

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	708,611	323,646	49,119	30,715	281,227	23,904
0-4	50,638	23,121	3,517	2,197	20,093	1,710
0	9,294	4,243	646	403	3,688	314
1	9,398	4,291	653	408	3,729	317
2	9,891	4,516	687	429	3,925	334
3	10,686	4,879	742	464	4,240	361
4	11,369	5,192	789	493	4,511	384
5-9	59,278	27,066	4,117	2,570	23,523	2,002
5	11,785	5,381	818	511	4,677	398
6	11,905	5,436	827	516	4,724	402
7	11,963	5,461	831	519	4,748	404
8	11,900	5,433	827	516	4,722	402
9	11,725	5,355	814	508	4,652	396
10-14	55,897	25,520	3,882	2,425	22,180	1,890
10	11,631	5,311	808	504	4,615	393
11	11,447	5,226	795	497	4,542	387
12	11,225	5,126	779	487	4,454	379
13	10,929	4,989	759	474	4,337	370
14	10,665	4,868	741	463	4,232	361
15-19	51,911	23,699	3,605	2,252	20,601	1,754
15	10,566	4,823	734	459	4,193	357
16	10,474	4,781	728	454	4,157	354
17	10,366	4,733	719	450	4,114	350
18	10,261	4,685	712	445	4,072	347
19	10,244	4,677	712	444	4,065	346
20-24	54,013	24,659	3,751	2,344	21,434	1,825
25-29	56,457	25,777	3,919	2,450	22,403	1,908
30-34	56,009	25,579	3,884	2,428	22,228	1,890
35-39	55,240	25,235	3,826	2,393	21,924	1,862
40-44	52,358	23,915	3,627	2,270	20,780	1,766
45-49	49,617	22,666	3,437	2,150	19,692	1,672
50-54	45,881	20,957	3,178	1,988	18,210	1,548
55-59	37,627	17,192	2,605	1,629	14,934	1,267
60-64	28,552	13,045	1,975	1,236	11,334	962
65-69	19,837	9,065	1,371	861	7,874	666
70-74	13,799	6,309	952	596	5,479	463
75-79	9,576	4,381	658	413	3,803	321
80-84	6,141	2,812	420	264	2,439	206
85 y más	5,780	2,648	395	249	2,296	192
Hombres	352,050	158,979	25,809	15,627	139,171	12,464
0-4	25,939	11,716	1,901	1,152	10,253	917
0	4,758	2,149	349	211	1,881	168
1	4,812	2,173	353	214	1,902	170
2	5,065	2,288	371	225	2,002	179
3	5,475	2,473	401	243	2,164	194
4	5,829	2,633	427	259	2,304	206
5-9	30,407	13,732	2,230	1,349	12,020	1,076
5	6,042	2,728	443	268	2,389	214
6	6,105	2,757	448	271	2,413	216
7	6,136	2,771	450	272	2,426	217
8	6,105	2,757	448	271	2,413	216
9	6,019	2,719	441	267	2,379	213
10-14	28,688	12,955	2,103	1,274	11,340	1,016
10	5,973	2,698	438	265	2,361	211
11	5,879	2,655	431	261	2,324	208
12	5,761	2,602	422	256	2,277	204
13	5,606	2,531	411	249	2,216	199
14	5,469	2,469	401	243	2,162	194
15-19	26,602	12,011	1,950	1,181	10,518	942
15	5,418	2,446	397	241	2,142	192
16	5,369	2,424	394	238	2,123	190

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2023

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	5,311	2,398	389	236	2,100	188
18	5,256	2,374	385	233	2,078	186
19	5,248	2,369	385	233	2,075	186
20-24	27,635	12,479	2,026	1,227	10,925	978
25-29	28,788	12,999	2,111	1,279	11,379	1,020
30-34	27,970	12,631	2,051	1,241	11,057	990
35-39	27,135	12,254	1,989	1,204	10,727	961
40-44	25,784	11,642	1,890	1,145	10,194	913
45-49	24,243	10,948	1,778	1,076	9,583	858
50-54	22,409	10,118	1,643	994	8,859	795
55-59	18,267	8,250	1,340	810	7,221	646
60-64	13,720	6,196	1,005	609	5,424	486
65-69	9,341	4,218	684	416	3,693	330
70-74	6,345	2,866	465	281	2,508	225
75-79	4,196	1,895	307	186	1,659	149
80-84	2,541	1,148	186	112	1,005	90
85 y más	2,040	921	150	91	806	72
Mujeres	356,561	164,667	23,310	15,088	142,056	11,440
0-4	24,699	11,405	1,616	1,045	9,840	793
0	4,536	2,094	297	192	1,807	146
1	4,586	2,118	300	194	1,827	147
2	4,826	2,228	316	204	1,923	155
3	5,211	2,406	341	221	2,076	167
4	5,540	2,559	362	234	2,207	178
5-9	28,871	13,334	1,887	1,221	11,503	926
5	5,743	2,653	375	243	2,288	184
6	5,800	2,679	379	245	2,311	186
7	5,827	2,690	381	247	2,322	187
8	5,795	2,676	379	245	2,309	186
9	5,706	2,636	373	241	2,273	183
10-14	27,209	12,565	1,779	1,151	10,840	874
10	5,658	2,613	370	239	2,254	182
11	5,568	2,571	364	236	2,218	179
12	5,464	2,524	357	231	2,177	175
13	5,323	2,458	348	225	2,121	171
14	5,196	2,399	340	220	2,070	167
15-19	25,309	11,688	1,655	1,071	10,083	812
15	5,148	2377	337	218	2051	165
16	5,105	2357	334	216	2034	164
17	5,055	2335	330	214	2014	162
18	5,005	2311	327	212	1994	161
19	4,996	2308	327	211	1990	160
20-24	26,378	12180	1725	1117	10509	847
25-29	27,669	12778	1808	1171	11024	888
30-34	28,039	12948	1833	1187	11171	900
35-39	28,105	12981	1837	1189	11197	901
40-44	26,574	12273	1737	1125	10586	853
45-49	25,374	11718	1659	1074	10109	814
50-54	23,472	10839	1535	994	9351	753
55-59	19,360	8942	1265	819	7713	621
60-64	14,832	6849	970	627	5910	476
65-69	10,496	4847	687	445	4181	336
70-74	7,454	3443	487	315	2971	238
75-79	5,380	2486	351	227	2144	172
80-84	3,600	1664	234	152	1434	116
85 y más	3,740	1727	245	158	1490	120

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2024

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	726,432	330,622	49,693	31,077	290,829	24,211
0-4	48,994	22,291	3,358	2,096	19,613	1,636
0	9,329	4,244	640	399	3,735	311
1	9,380	4,269	642	401	3,755	313
2	9,483	4,314	650	406	3,796	317
3	9,995	4,548	685	427	4,001	334
4	10,807	4,916	741	463	4,326	361
5-9	59,769	27,194	4,096	2,558	23,926	1,995
5	11,513	5,237	789	493	4,609	385
6	11,940	5,434	818	511	4,779	398
7	12,072	5,493	827	516	4,833	403
8	12,148	5,528	832	520	4,863	405
9	12,096	5,502	830	518	4,842	404
10-14	58,031	26,402	3,976	2,485	23,230	1,938
10	11,938	5,432	818	511	4,778	399
11	11,836	5,385	811	507	4,738	395
12	11,658	5,302	799	500	4,667	390
13	11,443	5,207	784	489	4,581	382
14	11,156	5,076	764	478	4,466	372
15-19	53,473	24,326	3,665	2,291	21,406	1,785
15	10,900	4,958	747	467	4,364	364
16	10,799	4,912	740	463	4,323	361
17	10,713	4,874	735	459	4,288	357
18	10,579	4,813	725	453	4,235	353
19	10,482	4,769	718	449	4,196	350
20-24	54,086	24,607	3,706	2,316	21,652	1,805
25-29	58,381	26,564	3,998	2,500	23,371	1,948
30-34	57,409	26,126	3,929	2,457	22,982	1,915
35-39	56,691	25,807	3,876	2,424	22,697	1,887
40-44	53,766	24,472	3,675	2,301	21,526	1,792
45-49	50,500	22,990	3,452	2,159	20,218	1,681
50-54	47,246	21,509	3,229	2,019	18,915	1,574
55-59	39,460	17,962	2,697	1,689	15,799	1,313
60-64	30,279	13,785	2,067	1,294	12,125	1,008
65-69	21,267	9,684	1,451	908	8,516	708
70-74	14,455	6,584	985	617	5,789	480
75-79	10,139	4,621	689	433	4,061	335
80-84	6,378	2,909	433	271	2,555	210
85 y más	6,108	2,789	411	259	2,448	201
Hombres	360,718	162,317	26,116	15,810	143,856	12,619
0-4	25,089	11,289	1,817	1,099	10,006	878
0	4,774	2,148	346	209	1,904	167
1	4,799	2,160	347	210	1,914	168
2	4,857	2,185	352	213	1,937	170
3	5,120	2,304	371	224	2,042	179
4	5,539	2,492	401	243	2,209	194
5-9	30,660	13,798	2,219	1,343	12,227	1,073
5	5,903	2,656	427	259	2,354	207
6	6,122	2,756	443	268	2,441	214
7	6,193	2,787	448	271	2,470	217
8	6,233	2,805	451	273	2,486	218
9	6,209	2,794	450	272	2,476	217
10-14	29,807	13,412	2,157	1,307	11,887	1,044
10	6,132	2,759	444	269	2,445	215
11	6,084	2,738	440	267	2,426	213
12	5,992	2,695	434	263	2,390	210
13	5,875	2,644	425	257	2,343	206
14	5,724	2,576	414	251	2,283	200
15-19	27,401	12,329	1,984	1,201	10,928	959
15	5,591	2,515	405	245	2,230	196
16	5,538	2,491	401	243	2,209	194

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2024

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	5,492	2,471	398	241	2,190	192
18	5,416	2,438	392	237	2,160	189
19	5,364	2,414	388	235	2,139	188
20-24	27,630	12,432	2,000	1,211	11,020	967
25-29	29,745	13,385	2,153	1,304	11,863	1,040
30-34	28,767	12,944	2,083	1,261	11,472	1,007
35-39	27,834	12,527	2,015	1,219	11,100	973
40-44	26,444	11,900	1,914	1,160	10,545	925
45-49	24,673	11,103	1,787	1,082	9,839	862
50-54	23,034	10,365	1,668	1,009	9,186	806
55-59	19,140	8,611	1,387	840	7,633	669
60-64	14,547	6,545	1,053	637	5,803	509
65-69	10,019	4,507	726	439	3,996	351
70-74	6,655	2,996	482	291	2,653	233
75-79	4,449	2,002	322	196	1,774	155
80-84	2,649	1,192	192	116	1,057	92
85 y más	2,175	980	157	95	867	76
Mujeres	365,714	168,305	23,577	15,267	146,973	11,592
0-4	23,905	11,002	1,541	997	9,607	758
0	4,555	2,096	294	190	1,831	144
1	4,581	2,109	295	191	1,841	145
2	4,626	2,129	298	193	1,859	147
3	4,875	2,244	314	203	1,959	155
4	5,268	2,424	340	220	2,117	167
5-9	29,109	13,396	1,877	1,215	11,699	922
5	5,610	2,581	362	234	2,255	178
6	5,818	2,678	375	243	2,338	184
7	5,879	2,706	379	245	2,363	186
8	5,915	2,723	381	247	2,377	187
9	5,887	2,708	380	246	2,366	187
10-14	28,224	12,990	1,819	1,178	11,343	894
10	5,806	2,673	374	242	2,333	184
11	5,752	2,647	371	240	2,312	182
12	5,666	2,607	365	237	2,277	180
13	5,568	2,563	359	232	2,238	176
14	5,432	2,500	350	227	2,183	172
15-19	26,072	11,997	1,681	1,090	10,478	826
15	5,309	2,443	342	222	2,134	168
16	5,261	2,421	339	220	2,114	167
17	5,221	2,403	337	218	2,098	165
18	5,163	2,375	333	216	2,075	164
19	5,118	2,355	330	214	2,057	162
20-24	26,456	12,175	1,706	1,105	10,632	838
25-29	28,636	13,179	1,845	1,196	11,508	908
30-34	28,642	13,182	1,846	1,196	11,510	908
35-39	28,857	13,280	1,861	1,205	11,597	914
40-44	27,322	12,572	1,761	1,141	10,981	867
45-49	25,827	11,887	1,665	1,077	10,379	819
50-54	24,212	11,144	1,561	1,010	9,729	768
55-59	20,320	9,351	1,310	849	8,166	644
60-64	15,732	7,240	1,014	657	6,322	499
65-69	11,248	5,177	725	469	4,520	357
70-74	7,800	3,588	503	326	3,136	247
75-79	5,690	2,619	367	237	2,287	180
80-84	3,729	1,717	241	155	1,498	118
85 y más	3,933	1,809	254	164	1,581	125

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2025

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	743,519	337,222	50,210	31,405	300,200	24,482
0-4	47,896	21,718	3,240	2,024	19,335	1,579
0	9,329	4,229	631	395	3,766	308
1	9,411	4,269	636	397	3,799	310
2	9,463	4,291	640	400	3,820	312
3	9,583	4,346	648	405	3,868	316
4	10,110	4,583	685	427	4,082	333
5-9	59,279	26,874	4,011	2,507	23,931	1,956
5	10,943	4,961	740	463	4,418	361
6	11,661	5,287	789	493	4,707	385
7	12,098	5,484	819	512	4,884	399
8	12,246	5,552	828	518	4,944	404
9	12,331	5,590	835	521	4,978	407
10-14	59,963	27,187	4,058	2,534	24,207	1,977
10	12,295	5,575	832	519	4,964	405
11	12,128	5,498	821	513	4,896	400
12	12,029	5,452	815	509	4,856	397
13	11,858	5,377	802	501	4,787	391
14	11,653	5,285	788	492	4,704	384
15-19	55,207	25,029	3,736	2,334	22,287	1,821
15	11,374	5,156	770	481	4,592	375
16	11,116	5,041	752	470	4,487	366
17	11,019	4,996	745	466	4,448	364
18	10,913	4,947	739	461	4,406	360
19	10,785	4,889	730	456	4,354	356
20-24	54,395	24,664	3,679	2,298	21,960	1,794
25-29	59,824	27,128	4,044	2,528	24,151	1,973
30-34	58,790	26,656	3,974	2,485	23,738	1,937
35-39	58,052	26,334	3,917	2,451	23,440	1,910
40-44	55,176	25,027	3,725	2,329	22,279	1,816
45-49	51,458	23,342	3,472	2,172	20,779	1,693
50-54	48,386	21,951	3,265	2,043	19,536	1,591
55-59	41,276	18,727	2,784	1,742	16,666	1,357
60-64	31,998	14,516	2,157	1,351	12,922	1,052
65-69	22,771	10,334	1,533	961	9,195	748
70-74	15,258	6,926	1,025	643	6,162	502
75-79	10,680	4,848	718	451	4,313	350
80-84	6,670	3,030	445	282	2,696	217
85 y más	6,440	2,931	427	270	2,603	209
Hombres	369,035	165,475	26,393	15,976	148,433	12,758
0-4	24,521	10,997	1,753	1,061	9,863	847
0	4,775	2,141	341	207	1,921	165
1	4,813	2,159	344	208	1,936	166
2	4,843	2,172	346	210	1,948	167
3	4,909	2,202	351	212	1,974	170
4	5,181	2,323	371	224	2,084	179
5-9	30,407	13,633	2,175	1,317	12,230	1,052
5	5,609	2,515	401	243	2,256	194
6	5,978	2,680	428	259	2,404	207
7	6,205	2,781	444	269	2,496	215
8	6,285	2,819	449	272	2,528	217
9	6,330	2,838	453	274	2,546	219
10-14	30,825	13,822	2,205	1,334	12,398	1,066
10	6,315	2,832	452	273	2,540	218
11	6,236	2,796	446	270	2,508	216
12	6,188	2,774	443	268	2,489	214
13	6,099	2,735	436	264	2,453	211
14	5,987	2,685	428	259	2,408	207
15-19	28,306	12,691	2,025	1,226	11,385	979
15	5,839	2,617	418	253	2,349	202
16	5,704	2,558	408	247	2,294	197

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2025

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	5,654	2,535	404	245	2,274	196
18	5,591	2,507	400	242	2,249	193
19	5,518	2,474	395	239	2,219	191
20-24	27,767	12,451	1,985	1,202	11,169	960
25-29	30,435	13,647	2,176	1,318	12,241	1,053
30-34	29,542	13,245	2,114	1,279	11,883	1,021
35-39	28,525	12,791	2,039	1,235	11,474	986
40-44	27,084	12,145	1,937	1,172	10,894	936
45-49	25,159	11,280	1,799	1,089	10,121	870
50-54	23,540	10,555	1,685	1,019	9,467	814
55-59	20,006	8,972	1,431	865	8,047	691
60-64	15,366	6,891	1,099	665	6,180	531
65-69	10,735	4,814	768	465	4,317	371
70-74	7,026	3,152	502	304	2,825	243
75-79	4,700	2,107	337	204	1,890	162
80-84	2,777	1,244	198	121	1,118	96
85 y más	2,314	1,038	165	100	931	80
Mujeres	374,484	171,747	23,817	15,429	151,767	11,724
0-4	23,375	10,721	1,487	963	9,472	732
0	4,554	2,088	290	188	1,845	143
1	4,598	2,110	292	189	1,863	144
2	4,620	2,119	294	190	1,872	145
3	4,674	2,144	297	193	1,894	146
4	4,929	2,260	314	203	1,998	154
5-9	28,872	13,241	1,836	1,190	11,701	904
5	5,334	2,446	339	220	2,162	167
6	5,683	2,607	361	234	2,303	178
7	5,893	2,703	375	243	2,388	184
8	5,961	2,733	379	246	2,416	187
9	6,001	2,752	382	247	2,432	188
10-14	29,138	13,365	1,853	1,200	11,809	911
10	5,980	2,743	380	246	2,424	187
11	5,892	2,702	375	243	2,388	184
12	5,841	2,678	372	241	2,367	183
13	5,759	2,642	366	237	2,334	180
14	5,666	2,600	360	233	2,296	177
15-19	26,901	12,338	1,711	1,108	10,902	842
15	5,535	2,539	352	228	2,243	173
16	5,412	2,483	344	223	2,193	169
17	5,365	2,461	341	221	2,174	168
18	5,322	2,440	339	219	2,157	167
19	5,267	2,415	335	217	2,135	165
20-24	26,628	12,213	1,694	1,096	10,791	834
25-29	29,389	13,481	1,868	1,210	11,910	920
30-34	29,248	13,411	1,860	1,206	11,855	916
35-39	29,527	13,543	1,878	1,216	11,966	924
40-44	28,092	12,882	1,788	1,157	11,385	880
45-49	26,299	12,062	1,673	1,083	10,658	823
50-54	24,846	11,396	1,580	1,024	10,069	777
55-59	21,270	9,755	1,353	877	8,619	666
60-64	16,632	7,625	1,058	686	6,742	521
65-69	12,036	5,520	765	496	4,878	377
70-74	8,232	3,774	523	339	3,337	259
75-79	5,980	2,741	381	247	2,423	188
80-84	3,893	1,786	247	161	1,578	121
85 y más	4,126	1,893	262	170	1,672	129

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2026

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	759,869	343,447	50,674	31,689	309,336	24,723
0-4	47,478	21,451	3,172	1,981	19,327	1,547
0	9,330	4,216	623	389	3,798	304
1	9,406	4,249	628	393	3,829	307
2	9,490	4,288	634	396	3,863	309
3	9,559	4,319	639	399	3,891	311
4	9,693	4,379	648	404	3,946	316
5-9	57,810	26,119	3,863	2,414	23,530	1,884
5	10,238	4,627	684	427	4,167	333
6	11,081	5,006	740	463	4,511	361
7	11,811	5,337	789	493	4,807	385
8	12,262	5,539	820	512	4,991	400
9	12,418	5,610	830	519	5,054	405
10-14	61,575	27,818	4,115	2,570	25,065	2,007
10	12,519	5,656	836	523	5,096	408
11	12,474	5,636	834	520	5,078	406
12	12,311	5,561	823	514	5,011	402
13	12,217	5,520	816	510	4,973	398
14	12,054	5,445	806	503	4,907	393
15-19	57,053	25,777	3,811	2,382	23,223	1,860
15	11,855	5,357	792	495	4,825	386
16	11,574	5,230	773	483	4,711	377
17	11,318	5,113	756	473	4,607	369
18	11,202	5,060	748	468	4,560	366
19	11,104	5,017	742	463	4,520	362
20-24	55,099	24,894	3,681	2,299	22,429	1,796
25-29	60,634	27,400	4,050	2,529	24,681	1,974
30-34	60,209	27,208	4,019	2,512	24,510	1,960
35-39	59,311	26,808	3,955	2,473	24,146	1,929
40-44	56,585	25,580	3,770	2,359	23,035	1,841
45-49	52,505	23,733	3,499	2,191	21,374	1,708
50-54	49,329	22,302	3,286	2,056	20,083	1,602
55-59	43,026	19,452	2,865	1,793	17,517	1,399
60-64	33,717	15,245	2,246	1,403	13,728	1,095
65-69	24,338	11,010	1,617	1,013	9,909	789
70-74	16,209	7,335	1,076	675	6,600	523
75-79	11,195	5,065	742	466	4,559	363
80-84	7,022	3,180	463	292	2,859	228
85 y más	6,774	3,070	444	281	2,761	218
Hombres	377,069	168,490	26,645	16,125	152,921	12,888
0-4	24,303	10,859	1,717	1,039	9,857	831
0	4,775	2,134	337	204	1,937	163
1	4,812	2,149	340	206	1,952	165
2	4,855	2,169	343	208	1,969	166
3	4,893	2,187	346	209	1,984	167
4	4,968	2,220	351	212	2,015	170
5-9	29,653	13,250	2,096	1,268	12,026	1,013
5	5,247	2,345	371	224	2,128	179
6	5,680	2,538	401	243	2,304	194
7	6,057	2,707	428	259	2,456	207
8	6,292	2,811	445	269	2,552	215
9	6,377	2,849	451	273	2,586	218
10-14	31,676	14,154	2,238	1,354	12,847	1,083
10	6,431	2,874	454	275	2,608	220
11	6,413	2,866	453	274	2,601	219
12	6,336	2,830	448	271	2,570	217
13	6,290	2,811	444	269	2,551	215
14	6,206	2,773	439	265	2,517	212
15-19	29,299	13,091	2,070	1,253	11,883	1,002
15	6,098	2,725	431	261	2,473	208
16	5,947	2,658	420	254	2,412	203

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2026**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	5,815	2,598	411	249	2,358	199
18	5,749	2,568	406	246	2,332	197
19	5,690	2,542	402	243	2,308	195
20-24	28,133	12,570	1,988	1,203	11,410	962
25-29	30,804	13,766	2,177	1,317	12,492	1,052
30-34	30,321	13,547	2,143	1,297	12,297	1,037
35-39	29,209	13,052	2,064	1,249	11,846	998
40-44	27,712	12,384	1,958	1,185	11,238	947
45-49	25,700	11,483	1,816	1,100	10,422	879
50-54	23,961	10,707	1,694	1,025	9,717	818
55-59	20,839	9,312	1,472	891	8,452	712
60-64	16,183	7,231	1,145	691	6,563	553
65-69	11,484	5,134	811	490	4,657	392
70-74	7,465	3,336	528	320	3,027	254
75-79	4,944	2,209	349	212	2,004	170
80-84	2,928	1,308	206	126	1,187	101
85 y más	2,455	1,097	173	105	996	84
Mujeres	382,800	174,957	24,029	15,564	156,415	11,835
0-4	23,175	10,592	1,455	942	9,470	716
0	4,555	2,082	286	185	1,861	141
1	4,594	2,100	288	187	1,877	142
2	4,635	2,119	291	188	1,894	143
3	4,666	2,132	293	190	1,907	144
4	4,725	2,159	297	192	1,931	146
5-9	28,157	12,869	1,767	1,146	11,504	871
5	4,991	2,282	313	203	2,039	154
6	5,401	2,468	339	220	2,207	167
7	5,754	2,630	361	234	2,351	178
8	5,970	2,728	375	243	2,439	185
9	6,041	2,761	379	246	2,468	187
10-14	29,899	13,664	1,877	1,216	12,218	924
10	6,088	2,782	382	248	2,488	188
11	6,061	2,770	381	246	2,477	187
12	5,975	2,731	375	243	2,441	185
13	5,927	2,709	372	241	2,422	183
14	5,848	2,672	367	238	2,390	181
15-19	27,754	12,686	1,741	1,129	11,340	858
15	5,757	2,632	361	234	2,352	178
16	5,627	2,572	353	229	2,299	174
17	5,503	2,515	345	224	2,249	170
18	5,453	2,492	342	222	2,228	169
19	5,414	2,475	340	220	2,212	167
20-24	26,966	12,324	1,693	1,096	11,019	834
25-29	29,830	13,634	1,873	1,212	12,189	922
30-34	29,888	13,661	1,876	1,215	12,213	923
35-39	30,102	13,756	1,891	1,224	12,300	931
40-44	28,873	13,196	1,812	1,174	11,797	894
45-49	26,805	12,250	1,683	1,091	10,952	829
50-54	25,368	11,595	1,592	1,031	10,366	784
55-59	22,187	10,140	1,393	902	9,065	687
60-64	17,534	8,014	1,101	712	7,165	542
65-69	12,854	5,876	806	523	5,252	397
70-74	8,744	3,999	548	355	3,573	269
75-79	6,251	2,856	393	254	2,555	193
80-84	4,094	1,872	257	166	1,672	127
85 y más	4,319	1,973	271	176	1,765	134

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2027

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	775,536	349,308	51,101	31,948	318,226	24,953
0-4	47,461	21,372	3,134	1,956	19,471	1,528
0	9,332	4,203	616	385	3,828	300
1	9,403	4,234	621	387	3,858	303
2	9,482	4,270	626	391	3,890	305
3	9,581	4,313	633	395	3,931	309
4	9,663	4,352	638	398	3,964	311
5-9	55,792	25,117	3,684	2,301	22,891	1,799
5	9,814	4,419	648	405	4,026	316
6	10,368	4,668	684	428	4,254	334
7	11,222	5,052	741	462	4,605	362
8	11,963	5,386	790	493	4,908	386
9	12,425	5,592	821	513	5,098	401
10-14	62,818	28,283	4,146	2,589	25,774	2,026
10	12,594	5,671	831	519	5,167	406
11	12,689	5,713	838	523	5,206	409
12	12,646	5,693	835	521	5,189	408
13	12,489	5,623	824	515	5,124	403
14	12,400	5,583	818	511	5,088	400
15-19	58,921	26,529	3,891	2,429	24,172	1,900
15	12,244	5,513	809	505	5,023	394
16	12,042	5,423	795	496	4,940	388
17	11,766	5,297	777	485	4,827	380
18	11,489	5,172	759	474	4,713	371
19	11,380	5,124	751	469	4,669	367
20-24	56,046	25,236	3,700	2,310	22,994	1,806
25-29	60,953	27,447	4,021	2,512	25,008	1,965
30-34	61,727	27,798	4,071	2,544	25,328	1,986
35-39	60,482	27,243	3,985	2,491	24,818	1,945
40-44	57,964	26,110	3,815	2,388	23,788	1,863
45-49	53,632	24,159	3,532	2,208	22,008	1,725
50-54	50,125	22,579	3,300	2,064	20,570	1,612
55-59	44,666	20,124	2,938	1,840	18,330	1,434
60-64	35,443	15,969	2,329	1,461	14,545	1,139
65-69	25,957	11,696	1,707	1,068	10,653	833
70-74	17,286	7,791	1,134	712	7,094	555
75-79	11,715	5,284	767	480	4,809	375
80-84	7,425	3,352	485	304	3,048	236
85 y más	7,123	3,219	462	291	2,925	226
Hombres	384,828	171,349	26,883	16,265	157,317	13,014
0-4	24,293	10,817	1,698	1,026	9,931	821
0	4,776	2,127	334	202	1,952	161
1	4,811	2,142	336	203	1,967	163
2	4,853	2,161	339	205	1,984	164
3	4,904	2,183	343	207	2,005	166
4	4,949	2,204	346	209	2,023	167
5-9	28,619	12,742	1,999	1,210	11,699	969
5	5,030	2,240	351	213	2,056	170
6	5,316	2,367	371	225	2,173	180
7	5,755	2,562	402	243	2,353	195
8	6,138	2,733	429	259	2,509	208
9	6,380	2,840	446	270	2,608	216
10-14	32,328	14,393	2,258	1,366	13,217	1,094
10	6,472	2,882	452	273	2,646	219
11	6,524	2,904	456	276	2,667	221
12	6,508	2,897	455	275	2,661	220
13	6,433	2,864	449	272	2,630	218
14	6,391	2,846	446	270	2,613	216
15-19	30,317	13,498	2,118	1,282	12,393	1,026
15	6,312	2,811	441	267	2,580	213
16	6,202	2,762	433	262	2,535	210

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2027**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	6,054	2,695	423	256	2,475	205
18	5,906	2,629	413	250	2,414	200
19	5,843	2,601	408	247	2,389	198
20-24	28,641	12,752	2,001	1,211	11,708	969
25-29	30,938	13,776	2,161	1,307	12,647	1,047
30-34	31,133	13,865	2,174	1,315	12,727	1,052
35-39	29,884	13,306	2,088	1,263	12,217	1,010
40-44	28,335	12,616	1,979	1,198	11,584	958
45-49	26,277	11,700	1,836	1,110	10,742	889
50-54	24,325	10,831	1,699	1,028	9,944	823
55-59	21,618	9,625	1,510	914	8,838	731
60-64	17,002	7,569	1,187	720	6,951	575
65-69	12,260	5,460	857	518	5,011	414
70-74	7,960	3,544	556	337	3,254	269
75-79	5,192	2,313	363	219	2,122	175
80-84	3,100	1,381	217	131	1,267	104
85 y más	2,606	1,161	182	110	1,065	88
Mujeres	390,708	177,959	24,218	15,683	160,909	11,939
0-4	23,168	10,555	1,436	930	9,540	707
0	4,556	2,076	282	183	1,876	139
1	4,592	2,092	285	184	1,891	140
2	4,629	2,109	287	186	1,906	141
3	4,677	2,130	290	188	1,926	143
4	4,714	2,148	292	189	1,941	144
5-9	27,173	12,375	1,685	1,091	11,192	830
5	4,784	2,179	297	192	1,970	146
6	5,052	2,301	313	203	2,081	154
7	5,467	2,490	339	219	2,252	167
8	5,825	2,653	361	234	2,399	178
9	6,045	2,752	375	243	2,490	185
10-14	30,490	13,890	1,888	1,223	12,557	932
10	6,122	2,789	379	246	2,521	187
11	6,165	2,809	382	247	2,539	188
12	6,138	2,796	380	246	2,528	188
13	6,056	2,759	375	243	2,494	185
14	6,009	2,737	372	241	2,475	184
15-19	28,604	13,031	1,773	1,147	11,779	874
15	5,932	2702	368	238	2443	181
16	5,840	2661	362	234	2405	178
17	5,712	2602	354	229	2352	175
18	5,583	2543	346	224	2299	171
19	5,537	2523	343	222	2280	169
20-24	27,405	12484	1699	1099	11286	837
25-29	30,015	13671	1860	1205	12361	918
30-34	30,594	13933	1897	1229	12601	934
35-39	30,598	13937	1897	1228	12601	935
40-44	29,629	13494	1836	1190	12204	905
45-49	27,355	12459	1696	1098	11266	836
50-54	25,800	11748	1601	1036	10626	789
55-59	23,048	10499	1428	926	9492	703
60-64	18,441	8400	1142	741	7594	564
65-69	13,697	6236	850	550	5642	419
70-74	9,326	4247	578	375	3840	286
75-79	6,523	2971	404	261	2687	200
80-84	4,325	1971	268	173	1781	132
85 y más	4,517	2058	280	181	1860	138

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2028

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	790,630	354,857	51,490	32,187	326,933	25,163
0-4	47,457	21,291	3,095	1,934	19,623	1,514
0	9,332	4,185	609	381	3,859	298
1	9,400	4,218	613	383	3,886	300
2	9,475	4,251	618	386	3,918	302
3	9,569	4,293	624	390	3,957	305
4	9,681	4,344	631	394	4,003	309
5-9	53,698	24,094	3,504	2,188	22,201	1,711
5	9,777	4,387	638	398	4,042	312
6	9,937	4,460	648	405	4,108	316
7	10,501	4,712	685	428	4,341	335
8	11,366	5,099	742	463	4,700	362
9	12,117	5,436	791	494	5,010	386
10-14	63,677	28,570	4,156	2,594	26,328	2,029
10	12,592	5,649	822	513	5,207	401
11	12,756	5,724	832	520	5,274	406
12	12,853	5,767	839	523	5,314	410
13	12,814	5,749	836	522	5,298	409
14	12,662	5,681	827	516	5,235	403
15-19	60,812	27,282	3,969	2,478	25,144	1,939
15	12,580	5,645	821	512	5,201	401
16	12,423	5,573	811	506	5,137	396
17	12,224	5,484	798	498	5,054	390
18	11,927	5,350	778	487	4,932	380
19	11,658	5,230	761	475	4,820	372
20-24	57,174	25,651	3,731	2,330	23,639	1,823
25-29	60,862	27,312	3,968	2,480	25,164	1,938
30-34	63,320	28,416	4,128	2,578	26,181	2,017
35-39	61,600	27,648	4,011	2,508	25,472	1,961
40-44	59,268	26,606	3,856	2,413	24,509	1,884
45-49	54,838	24,614	3,571	2,232	22,676	1,745
50-54	50,862	22,834	3,307	2,070	21,033	1,618
55-59	46,150	20,719	3,001	1,877	19,086	1,467
60-64	37,193	16,699	2,417	1,513	15,383	1,181
65-69	27,594	12,391	1,792	1,122	11,413	876
70-74	18,503	8,308	1,201	752	7,654	588
75-79	12,253	5,508	793	496	5,068	388
80-84	7,877	3,542	509	319	3,258	249
85 y más	7,492	3,372	481	303	3,101	235
Hombres	392,290	174,065	27,098	16,388	161,617	13,122
0-4	24,291	10,777	1,677	1,016	10,008	813
0	4,776	2,118	330	200	1,968	160
1	4,809	2,134	332	201	1,981	161
2	4,849	2,151	335	203	1,998	162
3	4,900	2,174	338	205	2,019	164
4	4,957	2,200	342	207	2,042	166
5-9	27,544	12,222	1,903	1,151	11,347	921
5	5,008	2,222	346	209	2,063	168
6	5,096	2,262	352	213	2,099	170
7	5,387	2,391	372	225	2,219	180
8	5,832	2,587	403	244	2,403	195
9	6,221	2,760	430	260	2,563	208
10-14	32,773	14,543	2,264	1,369	13,502	1,095
10	6,470	2,871	447	270	2,666	216
11	6,561	2,912	453	274	2,703	219
12	6,614	2,935	457	276	2,725	221
13	6,600	2,928	456	276	2,719	221
14	6,528	2,897	451	273	2,689	218
15-19	31,341	13,907	2,164	1,309	12,913	1,048
15	6,491	2,881	448	271	2,674	217
16	6,412	2,845	443	268	2,642	214

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2028**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	6,303	2,797	435	263	2,597	211
18	6,140	2,724	424	257	2,530	205
19	5,995	2,660	414	250	2,470	201
20-24	29,252	12,978	2,021	1,222	12,052	979
25-29	30,869	13,698	2,132	1,290	12,717	1,032
30-34	31,964	14,184	2,208	1,334	13,169	1,069
35-39	30,550	13,557	2,110	1,276	12,585	1,022
40-44	28,944	12,843	1,999	1,210	11,924	968
45-49	26,869	11,921	1,857	1,123	11,069	899
50-54	24,677	10,950	1,704	1,031	10,166	826
55-59	22,316	9,901	1,542	932	9,194	747
60-64	17,833	7,912	1,232	745	7,348	596
65-69	13,044	5,788	901	545	5,374	436
70-74	8,522	3,779	589	356	3,512	286
75-79	5,448	2,419	376	227	2,244	182
80-84	3,293	1,461	228	137	1,356	111
85 y más	2,760	1,225	191	115	1,137	92
Mujeres	398,340	180,792	24,392	15,799	165,316	12,041
0-4	23,166	10,514	1,418	918	9,615	701
0	4,556	2,067	279	181	1,891	138
1	4,591	2,084	281	182	1,905	139
2	4,626	2,100	283	183	1,920	140
3	4,669	2,119	286	185	1,938	141
4	4,724	2,144	289	187	1,961	143
5-9	26,154	11,872	1,601	1,037	10,854	790
5	4,769	2,165	292	189	1,979	144
6	4,841	2,198	296	192	2,009	146
7	5,114	2,321	313	203	2,122	155
8	5,534	2,512	339	219	2,297	167
9	5,896	2,676	361	234	2,447	178
10-14	30,904	14,027	1,892	1,225	12,826	934
10	6,122	2,778	375	243	2,541	185
11	6,195	2,812	379	246	2,571	187
12	6,239	2,832	382	247	2,589	189
13	6,214	2,821	380	246	2,579	188
14	6,134	2,784	376	243	2,546	185
15-19	29,471	13,375	1,805	1,169	12,231	891
15	6,089	2764	373	241	2527	184
16	6,011	2728	368	238	2495	182
17	5,921	2687	363	235	2457	179
18	5,787	2626	354	230	2402	175
19	5,663	2570	347	225	2350	171
20-24	27,922	12673	1710	1108	11587	844
25-29	29,993	13614	1836	1190	12447	906
30-34	31,356	14232	1920	1244	13012	948
35-39	31,050	14091	1901	1232	12887	939
40-44	30,324	13763	1857	1203	12585	916
45-49	27,969	12693	1714	1109	11607	846
50-54	26,185	11884	1603	1039	10867	792
55-59	23,834	10818	1459	945	9892	720
60-64	19,360	8787	1185	768	8035	585
65-69	14,550	6603	891	577	6039	440
70-74	9,981	4529	612	396	4142	302
75-79	6,805	3089	417	269	2824	206
80-84	4,584	2081	281	182	1902	138
85 y más	4,732	2147	290	188	1964	143

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2029

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	805,119	360,108	51,853	32,412	335,400	25,346
0-4	47,428	21,206	3,060	1,912	19,756	1,494
0	9,343	4,177	603	377	3,892	294
1	9,397	4,200	607	379	3,915	296
2	9,467	4,234	611	381	3,943	298
3	9,558	4,275	616	385	3,981	301
4	9,663	4,320	623	390	4,025	305
5-9	51,892	23,199	3,349	2,091	21,616	1,637
5	9,787	4,375	632	394	4,077	309
6	9,894	4,423	639	399	4,121	312
7	10,062	4,499	649	405	4,192	317
8	10,639	4,756	686	429	4,432	336
9	11,510	5,146	743	464	4,794	363
10-14	63,920	28,577	4,125	2,577	26,624	2,017
10	12,274	5,488	792	495	5,112	387
11	12,743	5,696	823	514	5,308	402
12	12,912	5,773	833	521	5,378	407
13	13,012	5,817	840	524	5,420	411
14	12,979	5,803	837	523	5,406	410
15-19	62,643	28,006	4,046	2,525	26,091	1,975
15	12,833	5,737	829	517	5,345	405
16	12,749	5,700	823	514	5,310	402
17	12,594	5,631	813	508	5,245	397
18	12,379	5,534	800	499	5,156	390
19	12,088	5,404	781	487	5,035	381
20-24	58,406	26,117	3,768	2,352	24,328	1,841
25-29	60,577	27,088	3,906	2,441	25,234	1,908
30-34	64,855	29,003	4,180	2,613	27,016	2,043
35-39	62,678	28,030	4,038	2,525	26,112	1,973
40-44	60,471	27,054	3,890	2,433	25,191	1,903
45-49	56,085	25,087	3,609	2,258	23,365	1,766
50-54	51,638	23,102	3,321	2,078	21,513	1,624
55-59	47,426	21,220	3,048	1,907	19,760	1,491
60-64	38,956	17,432	2,505	1,566	16,229	1,224
65-69	29,222	13,078	1,876	1,174	12,176	918
70-74	19,835	8,876	1,273	796	8,266	624
75-79	12,849	5,753	824	515	5,355	402
80-84	8,355	3,743	535	334	3,482	261
85 y más	7,883	3,537	500	315	3,286	245
Hombres	399,461	176,618	27,306	16,509	165,801	13,227
0-4	24,280	10,736	1,659	1,004	10,078	803
0	4,782	2,114	327	198	1,985	158
1	4,808	2,125	329	199	1,996	159
2	4,845	2,143	331	200	2,011	160
3	4,894	2,165	334	202	2,031	162
4	4,951	2,189	338	205	2,055	164
5-9	26,616	11,766	1,820	1,100	11,048	882
5	5,013	2,216	343	207	2,081	166
6	5,070	2,241	347	210	2,104	168
7	5,162	2,282	353	213	2,143	171
8	5,461	2,414	373	226	2,267	181
9	5,910	2,613	404	244	2,453	196
10-14	32,899	14,545	2,248	1,361	13,655	1,090
10	6,306	2,788	431	261	2,617	209
11	6,553	2,897	448	271	2,720	217
12	6,647	2,939	454	275	2,759	220
13	6,702	2,963	458	277	2,782	222
14	6,691	2,958	457	277	2,777	222
15-19	32,329	14,295	2,211	1,336	13,418	1,069
15	6,623	2,928	453	274	2,749	219
16	6,585	2,912	450	272	2,733	218

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2029**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	6,508	2,878	445	269	2,701	215
18	6,387	2,824	437	264	2,651	211
19	6,226	2,753	426	257	2,584	206
20-24	29,924	13,233	2,045	1,236	12,420	990
25-29	30,716	13,582	2,099	1,270	12,749	1,016
30-34	32,746	14,478	2,238	1,354	13,592	1,084
35-39	31,196	13,790	2,133	1,290	12,950	1,033
40-44	29,531	13,059	2,018	1,220	12,256	978
45-49	27,457	12,138	1,877	1,135	11,397	910
50-54	25,068	11,083	1,714	1,037	10,404	830
55-59	22,906	10,128	1,565	946	9,508	759
60-64	18,677	8,259	1,277	771	7,751	619
65-69	13,820	6,111	944	570	5,737	458
70-74	9,142	4,042	625	377	3,795	303
75-79	5,725	2,530	392	237	2,376	190
80-84	3,503	1,549	241	144	1,453	116
85 y más	2,926	1,294	200	121	1,214	97
Mujeres	405,658	183,490	24,547	15,903	169,599	12,119
0-4	23,148	10,470	1,401	908	9,678	691
0	4,561	2,063	276	179	1,907	136
1	4,589	2,075	278	180	1,919	137
2	4,622	2,091	280	181	1,932	138
3	4,664	2,110	282	183	1,950	139
4	4,712	2,131	285	185	1,970	141
5-9	25,276	11,433	1,529	991	10,568	755
5	4,774	2,159	289	187	1,996	143
6	4,824	2,182	292	189	2,017	144
7	4,900	2,217	296	192	2,049	146
8	5,178	2,342	313	203	2,165	155
9	5,600	2,533	339	220	2,341	167
10-14	31,021	14,032	1,877	1,216	12,969	927
10	5,968	2,700	361	234	2,495	178
11	6,190	2,799	375	243	2,588	185
12	6,265	2,834	379	246	2,619	187
13	6,310	2,854	382	247	2,638	189
14	6,288	2,845	380	246	2,629	188
15-19	30,314	13,711	1,835	1,189	12,673	906
15	6,210	2,809	376	243	2,596	186
16	6,164	2,788	373	242	2,577	184
17	6,086	2,753	368	239	2,544	182
18	5,992	2,710	363	235	2,505	179
19	5,862	2,651	355	230	2,451	175
20-24	28,482	12,884	1,723	1,116	11,908	851
25-29	29,861	13,506	1,807	1,171	12,485	892
30-34	32,109	14,525	1,942	1,259	13,424	959
35-39	31,482	14,240	1,905	1,235	13,162	940
40-44	30,940	13,995	1,872	1,213	12,935	925
45-49	28,628	12,949	1,732	1,123	11,968	856
50-54	26,570	12,019	1,607	1,041	11,109	794
55-59	24,520	11,092	1,483	961	10,252	732
60-64	20,279	9,173	1,228	795	8,478	605
65-69	15,402	6,967	932	604	6,439	460
70-74	10,693	4,834	648	419	4,471	321
75-79	7,124	3,223	432	278	2,979	212
80-84	4,852	2,194	294	190	2,029	145
85 y más	4,957	2,243	300	194	2,072	148

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2030

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	819,076	365,089	52,184	32,626	343,653	25,524
0-4	47,423	21,129	3,028	1,890	19,895	1,481
0	9,363	4,173	597	373	3,928	292
1	9,405	4,189	601	375	3,946	294
2	9,461	4,215	604	377	3,969	296
3	9,545	4,252	610	381	4,004	298
4	9,649	4,300	616	384	4,048	301
5-9	50,645	22,565	3,234	2,018	21,247	1,581
5	9,766	4,350	624	390	4,097	305
6	9,897	4,410	632	394	4,152	309
7	10,013	4,462	639	399	4,201	312
8	10,193	4,541	651	406	4,276	319
9	10,776	4,802	688	429	4,521	336
10-14	63,200	28,158	4,035	2,520	26,513	1,974
10	11,659	5,195	744	465	4,891	364
11	12,419	5,534	793	495	5,210	387
12	12,891	5,743	823	514	5,408	403
13	13,063	5,820	834	521	5,480	408
14	13,168	5,866	841	525	5,524	412
15-19	64,314	28,651	4,109	2,565	26,981	2,008
15	13,141	5,855	839	524	5,513	410
16	12,993	5,788	830	518	5,451	406
17	12,910	5,751	825	515	5,416	403
18	12,740	5,675	814	508	5,345	398
19	12,530	5,582	801	500	5,256	391
20-24	59,841	26,664	3,820	2,385	25,104	1,868
25-29	60,536	26,976	3,862	2,413	25,396	1,889
30-34	65,935	29,387	4,205	2,628	27,661	2,054
35-39	63,751	28,416	4,061	2,540	26,746	1,988
40-44	61,592	27,455	3,921	2,453	25,844	1,919
45-49	57,350	25,564	3,652	2,284	24,063	1,787
50-54	52,501	23,411	3,340	2,089	22,028	1,633
55-59	48,489	21,620	3,082	1,931	20,347	1,509
60-64	40,695	18,146	2,587	1,621	17,075	1,266
65-69	30,857	13,762	1,961	1,227	12,948	959
70-74	21,233	9,471	1,347	844	8,912	659
75-79	13,579	6,056	861	541	5,699	422
80-84	8,820	3,941	557	348	3,703	271
85 y más	8,315	3,717	522	329	3,491	256
Hombres	406,349	179,046	27,492	16,621	169,870	13,320
0-4	24,276	10,696	1,643	993	10,148	796
0	4,792	2,112	324	196	2,003	157
1	4,812	2,119	326	197	2,012	158
2	4,842	2,133	328	198	2,024	159
3	4,887	2,153	331	200	2,043	160
4	4,943	2,179	334	202	2,066	162
5-9	25,975	11,446	1,757	1,062	10,859	851
5	5,004	2,204	339	205	2,092	164
6	5,071	2,235	343	207	2,120	166
7	5,133	2,262	347	210	2,146	168
8	5,232	2,305	354	214	2,187	172
9	5,535	2,440	374	226	2,314	181
10-14	32,529	14,334	2,200	1,330	13,598	1,067
10	5,991	2,641	405	245	2,504	196
11	6,385	2,814	432	261	2,669	209
12	6,635	2,923	449	271	2,774	218
13	6,730	2,966	455	275	2,813	221
14	6,788	2,990	459	278	2,838	223
15-19	33,224	14,637	2,249	1,359	13,890	1,089
15	6,781	2,988	459	277	2,835	222
16	6,712	2,957	454	275	2,806	220

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2030**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	6,676	2,941	452	273	2,791	219
18	6,587	2,902	446	269	2,754	216
19	6,468	2,849	438	265	2,704	212
20-24	30,707	13,530	2,077	1,256	12,837	1,007
25-29	30,706	13,529	2,078	1,256	12,836	1,007
30-34	33,276	14,663	2,252	1,361	13,910	1,090
35-39	31,828	14,026	2,152	1,302	13,305	1,043
40-44	30,113	13,267	2,037	1,232	12,589	988
45-49	28,034	12,351	1,897	1,147	11,719	920
50-54	25,518	11,246	1,726	1,043	10,667	836
55-59	23,386	10,306	1,581	957	9,776	766
60-64	19,508	8,595	1,320	799	8,155	639
65-69	14,597	6,433	988	596	6,102	478
70-74	9,797	4,315	664	401	4,096	321
75-79	6,057	2,666	410	249	2,533	199
80-84	3,712	1,637	251	151	1,552	121
85 y más	3,106	1,369	210	127	1,298	102
Mujeres	412,727	186,043	24,692	16,005	173,783	12,204
0-4	23,147	10,433	1,385	897	9,747	685
0	4,571	2,061	273	177	1,925	135
1	4,593	2,070	275	178	1,934	136
2	4,619	2,082	276	179	1,945	137
3	4,658	2,099	279	181	1,961	138
4	4,706	2,121	282	182	1,982	139
5-9	24,670	11,119	1,477	956	10,388	730
5	4,762	2,146	285	185	2,005	141
6	4,826	2,175	289	187	2,032	143
7	4,880	2,200	292	189	2,055	144
8	4,961	2,236	297	192	2,089	147
9	5,241	2,362	314	203	2,207	155
10-14	30,671	13,824	1,835	1,190	12,915	907
10	5,668	2,554	339	220	2,387	168
11	6,034	2,720	361	234	2,541	178
12	6,256	2,820	374	243	2,634	185
13	6,333	2,854	379	246	2,667	187
14	6,380	2,876	382	247	2,686	189
15-19	31,090	14,014	1,860	1,206	13,091	919
15	6,360	2867	380	247	2678	188
16	6,281	2831	376	243	2645	186
17	6,234	2810	373	242	2625	184
18	6,153	2773	368	239	2591	182
19	6,062	2733	363	235	2552	179
20-24	29,134	13134	1743	1129	12267	861
25-29	29,830	13447	1784	1157	12560	882
30-34	32,659	14724	1953	1267	13751	964
35-39	31,923	14390	1909	1238	13441	945
40-44	31,479	14188	1884	1221	13255	931
45-49	29,316	13213	1755	1137	12344	867
50-54	26,983	12165	1614	1046	11361	797
55-59	25,103	11314	1501	974	10571	743
60-64	21,187	9551	1267	822	8920	627
65-69	16,260	7329	973	631	6846	481
70-74	11,436	5156	683	443	4816	338
75-79	7,522	3390	451	292	3166	223
80-84	5,108	2304	306	197	2151	150
85 y más	5,209	2348	312	202	2193	154

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2031

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	832,528	369,805	52,505	32,826	351,701	25,691
0-4	47,443	21,069	2,997	1,871	20,039	1,467
0	9,390	4,170	593	371	3,966	290
1	9,420	4,183	595	371	3,979	292
2	9,465	4,204	598	373	3,998	292
3	9,534	4,234	602	376	4,027	295
4	9,634	4,278	609	380	4,069	298
5-9	50,092	22,243	3,165	1,977	21,158	1,549
5	9,749	4,330	616	384	4,118	301
6	9,872	4,383	624	390	4,170	305
7	10,010	4,444	633	395	4,228	310
8	10,137	4,502	640	400	4,281	314
9	10,324	4,584	652	408	4,361	319
10-14	61,516	27,315	3,889	2,428	25,983	1,901
10	10,917	4,848	690	431	4,611	337
11	11,796	5,237	746	466	4,982	365
12	12,558	5,576	794	496	5,304	388
13	13,034	5,787	824	514	5,506	403
14	13,211	5,867	835	521	5,580	408
15-19	65,694	29,167	4,155	2,592	27,749	2,031
15	13,321	5,914	843	525	5,627	412
16	13,294	5,902	840	525	5,616	411
17	13,146	5,837	832	518	5,552	407
18	13,049	5,794	825	515	5,512	403
19	12,884	5,720	815	509	5,442	398
20-24	61,427	27,272	3,883	2,424	25,947	1,901
25-29	60,914	27,050	3,847	2,403	25,731	1,883
30-34	66,408	29,492	4,192	2,620	28,053	2,051
35-39	64,882	28,817	4,095	2,558	27,408	2,004
40-44	62,629	27,824	3,946	2,470	26,459	1,930
45-49	58,622	26,044	3,693	2,311	24,766	1,808
50-54	53,462	23,753	3,369	2,106	22,586	1,648
55-59	49,372	21,938	3,109	1,945	20,860	1,520
60-64	42,373	18,828	2,667	1,670	17,903	1,305
65-69	32,500	14,444	2,044	1,280	13,732	1,000
70-74	22,696	10,087	1,424	895	9,592	698
75-79	14,445	6,426	905	568	6,104	442
80-84	9,264	4,121	579	364	3,915	285
85 y más	8,789	3,915	546	344	3,716	268
Hombres	412,978	181,318	27,679	16,733	173,834	13,414
0-4	24,286	10,663	1,628	984	10,222	789
0	4,806	2,110	322	195	2,023	156
1	4,819	2,116	323	195	2,028	157
2	4,844	2,127	325	196	2,039	157
3	4,882	2,143	327	198	2,055	159
4	4,935	2,167	331	200	2,077	160
5-9	25,688	11,279	1,721	1,041	10,813	834
5	4,995	2,193	335	202	2,103	162
6	5,060	2,222	339	205	2,130	164
7	5,131	2,252	344	208	2,160	167
8	5,199	2,283	348	211	2,188	169
9	5,303	2,329	355	215	2,232	172
10-14	31,664	13,903	2,122	1,283	13,328	1,028
10	5,611	2,464	376	227	2,362	182
11	6,066	2,663	407	246	2,553	197
12	6,462	2,837	433	262	2,720	210
13	6,713	2,947	450	272	2,826	218
14	6,812	2,992	456	276	2,867	221
15-19	33,951	14,908	2,276	1,374	14,291	1,102
15	6,873	3,018	461	278	2,893	223
16	6,865	3,014	460	278	2,890	223

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2031

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	6,798	2,985	456	275	2,861	221
18	6,751	2,965	452	273	2,842	219
19	6,664	2,926	447	270	2,805	216
20-24	31,575	13,862	2,116	1,279	13,291	1,027
25-29	30,920	13,576	2,072	1,252	13,015	1,005
30-34	33,491	14,703	2,244	1,358	14,098	1,088
35-39	32,472	14,256	2,177	1,316	13,668	1,055
40-44	30,694	13,476	2,057	1,245	12,920	996
45-49	28,602	12,556	1,917	1,159	12,040	930
50-54	26,020	11,424	1,745	1,054	10,952	845
55-59	23,784	10,443	1,594	963	10,012	772
60-64	20,304	8,914	1,361	823	8,547	659
65-69	15,373	6,750	1,031	623	6,470	499
70-74	10,487	4,603	702	426	4,415	341
75-79	6,449	2,834	432	260	2,714	209
80-84	3,915	1,717	263	159	1,648	128
85 y más	3,303	1,451	221	134	1,390	107
Mujeres	419,550	188,487	24,826	16,093	177,867	12,277
0-4	23,157	10,406	1,369	887	9,817	678
0	4,584	2,060	271	176	1,943	134
1	4,601	2,067	272	176	1,951	135
2	4,621	2,077	273	177	1,959	135
3	4,652	2,091	275	178	1,972	136
4	4,699	2,111	278	180	1,992	138
5-9	24,404	10,964	1,444	936	10,345	715
5	4,754	2,137	281	182	2,015	139
6	4,812	2,161	285	185	2,040	141
7	4,879	2,192	289	187	2,068	143
8	4,938	2,219	292	189	2,093	145
9	5,021	2,255	297	193	2,129	147
10-14	29,852	13,412	1,767	1,145	12,655	873
10	5,306	2,384	314	204	2,249	155
11	5,730	2,574	339	220	2,429	168
12	6,096	2,739	361	234	2,584	178
13	6,321	2,840	374	242	2,680	185
14	6,399	2,875	379	245	2,713	187
15-19	31,743	14,259	1,879	1,218	13,458	929
15	6,448	2896	382	247	2734	189
16	6,429	2888	380	247	2726	188
17	6,348	2852	376	243	2691	186
18	6,298	2829	373	242	2670	184
19	6,220	2794	368	239	2637	182
20-24	29,852	13410	1767	1145	12656	874
25-29	29,994	13474	1775	1151	12716	878
30-34	32,917	14789	1948	1262	13955	963
35-39	32,410	14561	1918	1242	13740	949
40-44	31,935	14348	1889	1225	13539	934
45-49	30,020	13488	1776	1152	12726	878
50-54	27,442	12329	1624	1052	11634	803
55-59	25,588	11495	1515	982	10848	748
60-64	22,069	9914	1306	847	9356	646
65-69	17,127	7694	1013	657	7262	501
70-74	12,209	5484	722	469	5177	357
75-79	7,996	3592	473	308	3390	233
80-84	5,349	2404	316	205	2267	157
85 y más	5,486	2464	325	210	2326	161

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2032

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	845,504	374,280	52,815	33,016	359,544	25,849
0-4	47,495	21,014	2,972	1,858	20,196	1,455
0	9,421	4,169	589	369	4,006	288
1	9,443	4,178	591	369	4,015	290
2	9,477	4,193	593	371	4,030	290
3	9,536	4,219	597	373	4,055	292
4	9,618	4,255	602	376	4,090	295
5-9	49,948	22,103	3,127	1,951	21,238	1,529
5	9,729	4,307	609	380	4,136	297
6	9,849	4,359	616	385	4,188	301
7	9,979	4,415	625	390	4,243	306
8	10,129	4,483	634	395	4,307	310
9	10,262	4,539	643	401	4,364	315
10-14	59,299	26,239	3,713	2,318	25,213	1,816
10	10,458	4,627	655	409	4,447	320
11	11,046	4,888	691	432	4,697	338
12	11,927	5,277	747	466	5,071	366
13	12,694	5,618	795	496	5,397	388
14	13,174	5,829	825	515	5,601	404
15-19	66,722	29,521	4,178	2,609	28,369	2,045
15	13,357	5,910	837	522	5,679	409
16	13,466	5,959	843	526	5,725	413
17	13,439	5,946	841	526	5,714	412
18	13,276	5,874	831	519	5,645	407
19	13,184	5,832	826	516	5,606	404
20-24	63,058	27,902	3,948	2,466	26,810	1,932
25-29	61,556	27,242	3,851	2,406	26,173	1,884
30-34	66,414	29,399	4,152	2,593	28,239	2,031
35-39	66,136	29,273	4,135	2,582	28,123	2,023
40-44	63,600	28,155	3,970	2,484	27,046	1,945
45-49	59,876	26,510	3,736	2,337	25,464	1,829
50-54	54,513	24,135	3,402	2,128	23,183	1,665
55-59	50,120	22,192	3,127	1,956	21,315	1,530
60-64	43,951	19,464	2,739	1,713	18,693	1,342
65-69	34,157	15,131	2,127	1,332	14,527	1,040
70-74	24,208	10,722	1,507	944	10,297	738
75-79	15,426	6,837	957	601	6,561	470
80-84	9,715	4,309	601	377	4,134	294
85 y más	9,310	4,132	573	361	3,963	281
Hombres	419,360	183,481	27,851	16,832	177,696	13,500
0-4	24,311	10,635	1,614	977	10,302	783
0	4,822	2,110	320	194	2,043	155
1	4,831	2,113	321	194	2,047	156
2	4,849	2,121	322	195	2,055	156
3	4,882	2,136	324	196	2,069	157
4	4,927	2,155	327	198	2,088	159
5-9	25,610	11,206	1,701	1,027	10,852	824
5	4,985	2,182	331	200	2,112	160
6	5,047	2,208	335	203	2,139	162
7	5,117	2,239	340	205	2,168	165
8	5,194	2,273	345	208	2,201	167
9	5,267	2,304	350	211	2,232	170
10-14	30,521	13,353	2,027	1,225	12,933	983
10	5,375	2,351	357	216	2,278	173
11	5,682	2,486	377	228	2,408	183
12	6,138	2,685	408	246	2,601	198
13	6,536	2,861	434	262	2,769	210
14	6,790	2,970	451	273	2,877	219
15-19	34,483	15,085	2,290	1,385	14,612	1,111
15	6,893	3,015	458	277	2,921	222
16	6,953	3,042	462	279	2,946	224

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2032**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	6,947	3,039	461	279	2,944	224
18	6,868	3,005	456	276	2,910	221
19	6,822	2,984	453	274	2,891	220
20-24	32,470	14,208	2,156	1,303	13,758	1,045
25-29	31,276	13,684	2,077	1,256	13,252	1,007
30-34	33,473	14,648	2,222	1,343	14,183	1,077
35-39	33,151	14,504	2,202	1,330	14,047	1,068
40-44	31,274	13,683	2,077	1,256	13,251	1,007
45-49	29,168	12,762	1,937	1,170	12,359	940
50-54	26,557	11,620	1,764	1,066	11,253	854
55-59	24,131	10,557	1,604	969	10,225	776
60-64	21,050	9,209	1,398	844	8,921	678
65-69	16,153	7,068	1,072	649	6,845	519
70-74	11,199	4,898	745	450	4,745	361
75-79	6,890	3,016	457	276	2,919	222
80-84	4,125	1,806	274	165	1,748	132
85 y más	3,518	1,539	234	141	1,491	113
Mujeres	426,144	190,799	24,964	16,184	181,848	12,349
0-4	23,184	10,379	1,358	881	9,894	672
0	4,599	2,059	269	175	1,963	133
1	4,612	2,065	270	175	1,968	134
2	4,628	2,072	271	176	1,975	134
3	4,654	2,083	273	177	1,986	135
4	4,691	2,100	275	178	2,002	136
5-9	24,338	10,897	1,426	924	10,386	705
5	4,744	2,125	278	180	2,024	137
6	4,802	2,151	281	182	2,049	139
7	4,862	2,176	285	185	2,075	141
8	4,935	2,210	289	187	2,106	143
9	4,995	2,235	293	190	2,132	145
10-14	28,778	12,886	1,686	1,093	12,280	833
10	5,083	2,276	298	193	2,169	147
11	5,364	2,402	314	204	2,289	155
12	5,789	2,592	339	220	2,470	168
13	6,158	2,757	361	234	2,628	178
14	6,384	2,859	374	242	2,724	185
15-19	32,239	14,436	1,888	1,224	13,757	934
15	6,464	2895	379	245	2758	187
16	6,513	2917	381	247	2779	189
17	6,492	2907	380	247	2770	188
18	6,408	2869	375	243	2735	186
19	6,362	2848	373	242	2715	184
20-24	30,588	13694	1792	1163	13052	887
25-29	30,280	13558	1774	1150	12921	877
30-34	32,941	14751	1930	1250	14056	954
35-39	32,985	14769	1933	1252	14076	955
40-44	32,326	14472	1893	1228	13795	938
45-49	30,708	13748	1799	1167	13105	889
50-54	27,956	12515	1638	1062	11930	811
55-59	25,989	11635	1523	987	11090	754
60-64	22,901	10255	1341	869	9772	664
65-69	18,004	8063	1055	683	7682	521
70-74	13,009	5824	762	494	5552	377
75-79	8,536	3821	500	325	3642	248
80-84	5,590	2503	327	212	2386	162
85 y más	5,792	2593	339	220	2472	168

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2033

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	858,004	378,543	53,106	33,189	367,165	26,001
0-4	47,582	20,986	2,951	1,841	20,359	1,445
0	9,453	4,168	587	366	4,045	287
1	9,471	4,177	587	367	4,052	288
2	9,497	4,189	589	367	4,064	288
3	9,546	4,211	592	369	4,084	290
4	9,615	4,241	596	372	4,114	292
5-9	49,826	21,974	3,091	1,929	21,319	1,513
5	9,710	4,281	603	376	4,155	295
6	9,826	4,333	610	380	4,204	299
7	9,952	4,390	617	385	4,258	302
8	10,090	4,450	626	391	4,317	306
9	10,248	4,520	635	397	4,385	311
10-14	57,021	25,145	3,537	2,208	24,398	1,733
10	10,388	4,582	644	402	4,445	315
11	10,580	4,666	656	409	4,527	322
12	11,170	4,925	693	433	4,779	340
13	12,056	5,317	748	467	5,158	366
14	12,827	5,655	796	497	5,489	390
15-19	67,371	29,710	4,181	2,608	28,827	2,045
15	13,312	5,871	826	515	5,696	404
16	13,494	5,952	837	522	5,774	409
17	13,603	5,998	844	527	5,821	413
18	13,560	5,979	842	525	5,802	412
19	13,402	5,910	832	519	5,734	407
20-24	64,719	28,541	4,014	2,507	27,693	1,964
25-29	62,385	27,515	3,869	2,415	26,693	1,893
30-34	66,029	29,125	4,092	2,555	28,254	2,003
35-39	67,475	29,765	4,180	2,611	28,874	2,045
40-44	64,537	28,476	3,992	2,497	27,617	1,955
45-49	61,061	26,946	3,774	2,361	26,131	1,849
50-54	55,643	24,552	3,442	2,150	23,813	1,686
55-59	50,815	22,426	3,141	1,965	21,747	1,536
60-64	45,379	20,031	2,801	1,754	19,421	1,372
65-69	35,826	15,816	2,210	1,385	15,332	1,083
70-74	25,739	11,362	1,586	995	11,018	778
75-79	16,533	7,302	1,018	637	7,077	499
80-84	10,183	4,499	625	392	4,361	306
85 y más	9,880	4,372	602	379	4,231	296
Hombres	425,499	185,529	28,024	16,927	181,436	13,583
0-4	24,354	10,621	1,604	968	10,384	777
0	4,838	2,110	319	192	2,063	154
1	4,846	2,113	319	193	2,066	155
2	4,859	2,119	320	193	2,072	155
3	4,886	2,131	322	194	2,083	156
4	4,925	2,148	324	196	2,100	157
5-9	25,546	11,138	1,683	1,016	10,893	816
5	4,976	2,169	328	198	2,122	159
6	5,035	2,195	332	200	2,147	161
7	5,101	2,224	336	203	2,175	163
8	5,176	2,257	341	206	2,207	165
9	5,258	2,293	346	209	2,242	168
10-14	29,343	12,794	1,932	1,167	12,513	937
10	5,335	2,327	351	212	2,275	170
11	5,442	2,373	358	216	2,321	174
12	5,750	2,506	379	229	2,452	184
13	6,208	2,707	409	247	2,647	198
14	6,608	2,881	435	263	2,818	211
15-19	34,811	15,179	2,293	1,385	14,844	1,110
15	6,866	2,994	452	273	2,928	219
16	6,968	3,039	459	277	2,971	222

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2033**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	7,030	3,065	463	280	2,998	224
18	7,012	3,057	462	279	2,990	224
19	6,935	3,024	457	276	2,957	221
20-24	33,376	14,553	2,197	1,329	14,232	1,065
25-29	31,736	13,840	2,090	1,262	13,532	1,012
30-34	33,262	14,503	2,191	1,323	14,183	1,062
35-39	33,855	14,763	2,230	1,346	14,436	1,080
40-44	31,854	13,889	2,097	1,268	13,583	1,017
45-49	29,722	12,959	1,957	1,183	12,674	949
50-54	27,112	11,820	1,787	1,078	11,561	866
55-59	24,467	10,668	1,612	973	10,433	781
60-64	21,717	9,471	1,429	864	9,260	693
65-69	16,938	7,386	1,115	674	7,222	541
70-74	11,920	5,196	785	475	5,083	381
75-79	7,390	3,220	488	294	3,151	237
80-84	4,341	1,891	287	173	1,851	139
85 y más	3,755	1,638	247	149	1,601	120
Mujeres	432,505	193,014	25,082	16,262	185,729	12,418
0-4	23,228	10,365	1,347	873	9,975	668
0	4,615	2,058	268	174	1,982	133
1	4,625	2,064	268	174	1,986	133
2	4,638	2,070	269	174	1,992	133
3	4,660	2,080	270	175	2,001	134
4	4,690	2,093	272	176	2,014	135
5-9	24,280	10,836	1,408	913	10,426	697
5	4,734	2,112	275	178	2,033	136
6	4,791	2,138	278	180	2,057	138
7	4,851	2,166	281	182	2,083	139
8	4,914	2,193	285	185	2,110	141
9	4,990	2,227	289	188	2,143	143
10-14	27,678	12,351	1,605	1,041	11,885	796
10	5,053	2,255	293	190	2,170	145
11	5,138	2,293	298	193	2,206	148
12	5,420	2,419	314	204	2,327	156
13	5,848	2,610	339	220	2,511	168
14	6,219	2,774	361	234	2,671	179
15-19	32,560	14,531	1,888	1,223	13,983	935
15	6,446	2877	374	242	2768	185
16	6,526	2913	378	245	2803	187
17	6,573	2933	381	247	2823	189
18	6,548	2922	380	246	2812	188
19	6,467	2886	375	243	2777	186
20-24	31,343	13988	1817	1178	13461	899
25-29	30,649	13675	1779	1153	13161	881
30-34	32,767	14622	1901	1232	14071	941
35-39	33,620	15002	1950	1265	14438	965
40-44	32,683	14587	1895	1229	14034	938
45-49	31,339	13987	1817	1178	13457	900
50-54	28,531	12732	1655	1072	12252	820
55-59	26,348	11758	1529	992	11314	755
60-64	23,662	10560	1372	890	10161	679
65-69	18,888	8430	1095	711	8110	542
70-74	13,819	6166	801	520	5935	397
75-79	9,143	4082	530	343	3926	262
80-84	5,842	2608	338	219	2510	167
85 y más	6,125	2734	355	230	2630	176

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2034

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	870,035	382,552	53,386	33,371	374,576	26,150
0-4	47,689	20,960	2,933	1,831	20,529	1,436
0	9,484	4,168	583	365	4,082	286
1	9,501	4,175	585	365	4,090	286
2	9,522	4,187	585	365	4,099	286
3	9,562	4,202	588	367	4,117	288
4	9,620	4,228	592	369	4,141	290
5-9	49,692	21,841	3,056	1,908	21,392	1,495
5	9,703	4,265	597	372	4,177	292
6	9,804	4,309	603	376	4,221	295
7	9,924	4,362	610	381	4,272	299
8	10,058	4,420	619	387	4,330	302
9	10,203	4,485	627	392	4,392	307
10-14	55,042	24,192	3,386	2,113	23,693	1,658
10	10,367	4,556	638	398	4,462	313
11	10,502	4,617	646	403	4,520	316
12	10,698	4,702	658	410	4,606	322
13	11,293	4,962	695	434	4,862	340
14	12,182	5,355	749	468	5,243	367
15-19	67,422	29,630	4,147	2,589	29,024	2,032
15	12,957	5,693	797	498	5,578	391
16	13,440	5,906	827	516	5,786	405
17	13,625	5,989	838	523	5,865	410
18	13,719	6,028	844	527	5,906	414
19	13,681	6,014	841	525	5,889	412
20-24	66,329	29,151	4,081	2,548	28,552	1,997
25-29	63,334	27,842	3,892	2,431	27,264	1,905
30-34	65,473	28,780	4,021	2,513	28,188	1,971
35-39	68,764	30,231	4,224	2,639	29,602	2,068
40-44	65,446	28,778	4,014	2,509	28,178	1,967
45-49	62,156	27,335	3,811	2,383	26,761	1,866
50-54	56,823	24,992	3,482	2,178	24,466	1,705
55-59	51,547	22,670	3,159	1,975	22,195	1,548
60-64	46,600	20,497	2,853	1,786	20,065	1,399
65-69	37,512	16,503	2,293	1,438	16,152	1,126
70-74	27,268	12,001	1,665	1,044	11,742	816
75-79	17,740	7,809	1,082	678	7,641	530
80-84	10,707	4,714	653	408	4,612	320
85 y más	10,491	4,626	634	400	4,520	311
Hombres	431,395	187,445	28,184	17,024	185,077	13,665
0-4	24,409	10,606	1,595	963	10,472	773
0	4,854	2,109	317	192	2,082	154
1	4,862	2,112	318	192	2,086	154
2	4,873	2,118	318	192	2,091	154
3	4,894	2,126	320	193	2,100	155
4	4,926	2,141	322	194	2,113	156
5-9	25,477	11,070	1,664	1,006	10,931	806
5	4,971	2,160	325	196	2,133	157
6	5,025	2,184	328	198	2,156	159
7	5,086	2,210	332	201	2,182	161
8	5,158	2,241	337	204	2,213	163
9	5,237	2,275	342	207	2,247	166
10-14	28,319	12,304	1,851	1,118	12,149	897
10	5,322	2,312	348	210	2,283	169
11	5,397	2,345	353	213	2,315	171
12	5,507	2,393	360	217	2,363	174
13	5,817	2,527	380	230	2,496	184
14	6,276	2,727	410	248	2,692	199
15-19	34,825	15,130	2,274	1,375	14,942	1,104
15	6,680	2,902	436	264	2,866	212
16	6,936	3,013	453	274	2,976	220

**Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2034**

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	7,041	3,059	460	278	3,021	223
18	7,092	3,081	463	280	3,043	225
19	7,076	3,075	462	279	3,036	224
20-24	34,246	14,880	2,238	1,352	14,692	1,084
25-29	32,263	14,020	2,107	1,273	13,841	1,022
30-34	32,976	14,328	2,154	1,301	14,148	1,045
35-39	34,516	14,998	2,256	1,362	14,807	1,093
40-44	32,421	14,088	2,117	1,279	13,910	1,027
45-49	30,257	13,146	1,978	1,194	12,980	959
50-54	27,667	12,023	1,807	1,091	11,870	876
55-59	24,838	10,793	1,623	979	10,656	787
60-64	22,281	9,681	1,456	880	9,558	706
65-69	17,737	7,708	1,158	700	7,609	562
70-74	12,636	5,491	825	499	5,421	400
75-79	7,939	3,449	519	313	3,407	251
80-84	4,578	1,987	300	181	1,964	146
85 y más	4,010	1,743	262	158	1,720	127
Mujeres	438,640	195,107	25,202	16,347	189,499	12,485
0-4	23,280	10,354	1,338	868	10,057	663
0	4,630	2,059	266	173	2,000	132
1	4,639	2,063	267	173	2,004	132
2	4,649	2,069	267	173	2,008	132
3	4,668	2,076	268	174	2,017	133
4	4,694	2,087	270	175	2,028	134
5-9	24,215	10,771	1,392	902	10,461	689
5	4,732	2,105	272	176	2,044	135
6	4,779	2,125	275	178	2,065	136
7	4,838	2,152	278	180	2,090	138
8	4,900	2,179	282	183	2,117	139
9	4,966	2,210	285	185	2,145	141
10-14	26,723	11,888	1,535	995	11,544	761
10	5,045	2,244	290	188	2,179	144
11	5,105	2,272	293	190	2,205	145
12	5,191	2,309	298	193	2,243	148
13	5,476	2,435	315	204	2,366	156
14	5,906	2,628	339	220	2,551	168
15-19	32,597	14,500	1,873	1,214	14,082	928
15	6,277	2791	361	234	2712	179
16	6,504	2893	374	242	2810	185
17	6,584	2930	378	245	2844	187
18	6,627	2947	381	247	2863	189
19	6,605	2939	379	246	2853	188
20-24	32,083	14271	1843	1196	13860	913
25-29	31,071	13822	1785	1158	13423	883
30-34	32,497	14452	1867	1212	14040	926
35-39	34,248	15233	1968	1277	14795	975
40-44	33,025	14690	1897	1230	14268	940
45-49	31,899	14189	1833	1189	13781	907
50-54	29,156	12969	1675	1087	12596	829
55-59	26,709	11877	1536	996	11539	761
60-64	24,319	10816	1397	906	10507	693
65-69	19,775	8795	1135	738	8543	564
70-74	14,632	6510	840	545	6321	416
75-79	9,801	4360	563	365	4234	279
80-84	6,129	2727	353	227	2648	174
85 y más	6,481	2883	372	242	2800	184

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2035

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
TOTAL	881,592	386,369	53,660	33,534	381,746	26,283
0-4	47,803	20,941	2,915	1,821	20,698	1,428
0	9,508	4,164	580	363	4,117	284
1	9,531	4,177	581	363	4,126	284
2	9,549	4,183	582	363	4,135	286
3	9,583	4,198	584	365	4,150	286
4	9,632	4,219	588	367	4,170	288
5-9	49,584	21,721	3,024	1,888	21,469	1,482
5	9,704	4,251	592	370	4,201	290
6	9,793	4,291	597	372	4,240	293
7	9,899	4,337	604	377	4,286	295
8	10,024	4,390	611	382	4,341	300
9	10,164	4,452	620	387	4,401	304
10-14	53,629	23,492	3,273	2,042	23,219	1,603
10	10,316	4,519	630	392	4,466	309
11	10,476	4,590	639	399	4,535	313
12	10,613	4,648	648	405	4,595	317
13	10,813	4,736	660	412	4,682	323
14	11,411	4,999	696	434	4,941	341
15-19	66,516	29,139	4,060	2,532	28,798	1,987
15	12,304	5,392	750	468	5,327	367
16	13,078	5,728	799	498	5,662	391
17	13,565	5,943	828	516	5,873	405
18	13,735	6,017	838	523	5,947	410
19	13,834	6,059	845	527	5,989	414
20-24	67,798	29,700	4,138	2,581	29,353	2,026
25-29	64,493	28,255	3,933	2,455	27,924	1,926
30-34	65,175	28,558	3,971	2,482	28,219	1,945
35-39	69,612	30,506	4,240	2,649	30,141	2,076
40-44	66,359	29,081	4,040	2,524	28,736	1,978
45-49	63,176	27,692	3,841	2,403	27,358	1,882
50-54	58,019	25,430	3,529	2,207	25,126	1,727
55-59	52,357	22,955	3,181	1,990	22,674	1,557
60-64	47,615	20,877	2,891	1,809	20,620	1,418
65-69	39,179	17,179	2,378	1,488	16,969	1,165
70-74	28,806	12,635	1,745	1,094	12,476	856
75-79	19,007	8,340	1,149	720	8,234	564
80-84	11,347	4,983	685	429	4,914	336
85 y más	11,117	4,885	667	420	4,818	327
Hombres	437,058	189,274	28,343	17,109	188,596	13,736
0-4	24,467	10,595	1,587	958	10,558	769
0	4,866	2,106	316	191	2,100	153
1	4,877	2,113	316	191	2,104	153
2	4,887	2,116	317	191	2,109	154
3	4,905	2,124	318	192	2,117	154
4	4,932	2,136	320	193	2,128	155
5-9	25,417	11,008	1,647	995	10,968	799
5	4,969	2,152	322	195	2,144	156
6	5,018	2,174	325	196	2,165	158
7	5,075	2,198	329	199	2,190	159
8	5,139	2,225	333	201	2,218	162
9	5,216	2,259	338	204	2,251	164
10-14	27,589	11,947	1,789	1,080	11,905	868
10	5,298	2,294	344	207	2,286	167
11	5,382	2,331	349	211	2,322	169
12	5,458	2,363	354	214	2,355	172
13	5,570	2,412	361	218	2,404	175
14	5,881	2,547	381	230	2,538	185
15-19	34,347	14,876	2,227	1,344	14,821	1,079
15	6,343	2,748	411	248	2,737	199
16	6,746	2,921	438	264	2,911	212

Cuadro 62. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ OESTE, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2035

Sexo y edad	Total	Arraijan	Capira	Chame	La Chorrera	San Carlos
Hombres: (Continuación)						
17	7,006	3,035	454	274	3,023	220
18	7,100	3,075	460	278	3,064	223
19	7,152	3,097	464	280	3,086	225
20-24	35,030	15,171	2,272	1,371	15,115	1,101
25-29	32,905	14,250	2,134	1,288	14,199	1,034
30-34	32,840	14,222	2,130	1,286	14,170	1,032
35-39	34,933	15,130	2,265	1,368	15,073	1,097
40-44	32,980	14,281	2,139	1,291	14,232	1,037
45-49	30,791	13,333	1,997	1,206	13,287	968
50-54	28,212	12,216	1,831	1,105	12,174	886
55-59	25,265	10,941	1,639	989	10,903	793
60-64	22,743	9,848	1,475	890	9,814	716
65-69	18,527	8,023	1,201	725	7,996	582
70-74	13,355	5,784	865	523	5,763	420
75-79	8,521	3,691	552	333	3,677	268
80-84	4,861	2,106	316	190	2,096	153
85 y más	4,275	1,852	277	167	1,845	134
Mujeres	444,534	197,095	25,317	16,425	193,150	12,547
0-4	23,336	10,346	1,328	863	10,140	659
0	4,642	2,058	264	172	2,017	131
1	4,654	2,064	265	172	2,022	131
2	4,662	2,067	265	172	2,026	132
3	4,678	2,074	266	173	2,033	132
4	4,700	2,083	268	174	2,042	133
5-9	24,167	10,713	1,377	893	10,501	683
5	4,735	2,099	270	175	2,057	134
6	4,775	2,117	272	176	2,075	135
7	4,824	2,139	275	178	2,096	136
8	4,885	2,165	278	181	2,123	138
9	4,948	2,193	282	183	2,150	140
10-14	26,040	11,545	1,484	962	11,314	735
10	5,018	2,225	286	185	2,180	142
11	5,094	2,259	290	188	2,213	144
12	5,155	2,285	294	191	2,240	145
13	5,243	2,324	299	194	2,278	148
14	5,530	2,452	315	204	2,403	156
15-19	32,169	14,263	1,833	1,188	13,977	908
15	5,961	2644	339	220	2590	168
16	6,332	2807	361	234	2751	179
17	6,559	2908	374	242	2850	185
18	6,635	2942	378	245	2883	187
19	6,682	2962	381	247	2903	189
20-24	32,768	14529	1866	1210	14238	925
25-29	31,588	14005	1799	1167	13725	892
30-34	32,335	14336	1841	1196	14049	913
35-39	34,679	15376	1975	1281	15068	979
40-44	33,379	14800	1901	1233	14504	941
45-49	32,385	14359	1844	1197	14071	914
50-54	29,807	13214	1698	1102	12952	841
55-59	27,092	12014	1542	1001	11771	764
60-64	24,872	11029	1416	919	10806	702
65-69	20,652	9156	1177	763	8973	583
70-74	15,451	6851	880	571	6713	436
75-79	10,486	4649	597	387	4557	296
80-84	6,486	2877	369	239	2818	183
85 y más	6,842	3033	390	253	2973	193

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.